

A fast and easy way to input fitness data and see results instantly!

Key Features:

- As you move from one cell to the next, the data saves automatically for you.
- Tests that do not apply to a student can be grayed out.
- If a student is exempt for a test, simply check the Exempt Box for that student.

Reports

Instantly view reports after the fitness data has been entered!

- Reports show the student's name, gender and age.
- Conversions based on gender and age can be used to calculate a percentile and/or grade on any fitness area.
- Reports can be color coded.
- Reports can be exported to excel.

Sample Input Screen

Name	Gender	Mile Run (min:sec)	Mile Run Exempt	Sit and Reach (number)	Sit and Reach Exempt	Pull up (number)	Pull up Exempt	Arm Hang (seconds)	Arm Hang Exempt	Shuttle Run (seconds)	Shuttle Run Exempt
	F		<input type="checkbox"/>		<input type="checkbox"/>		<input checked="" type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>
	F		<input type="checkbox"/>		<input type="checkbox"/>		<input checked="" type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>
	M		<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>		<input checked="" type="checkbox"/>		<input type="checkbox"/>
	F		<input type="checkbox"/>		<input type="checkbox"/>		<input checked="" type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>
	F		<input type="checkbox"/>		<input type="checkbox"/>		<input checked="" type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>

Sample Report

Student Fitness Results									
Export Gray cells indicates student was exempt									
	StudentName	Gender	Age	Mile Run min:sec	Mile Run Percent	Sit and Reach Number	Sit and Reach Percent	Shuttle Run Seconds	Shuttle Run Percent
1		M	17						
2		F	15	09:25	61	44	91	12.3	7
3		F	17	08:46	71	30	59	12.1	7
4		F	17	13:18	12	19	36	17	1
5		M	15						

Our Mission:

We partner with districts to improve student performance through curriculum and assessment alignment, national research, personal relationships, world-class technology and support.

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